

2023 BELLMORE STRIDERS JULY 4TH RACE

4 MILES

13/14 MALE & FEMALE

Lucas Lam	25:58.7	Casey Fleming	42:40.7
Anna Kaplun	34:13.6	Isabella Lettieri	54:43.6

COACHES & PARENTS

Tim Mikhelashvili	39:38.4	Jerry Lettieri	52:18.6
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1 MILE

BOYS 12 & UNDER

Thomas Howe	7:04.3	-	3 rd overall
Nathan Lam	7:26.8		

GIRLS 12 & UNDER

Arianna Lettieri	8:09.7	-	1 st overall
Livia Mikelhashvili	8:34.6	-	3 rd overall
Natalie Lam	8:37.7		
Caroline Maxon	9:13.3		



Arianna with her 1st place goody bag



The girls at the start line