

# LONG ISLAND MARATHON 2024

## RYAN CLIFFORD

Marathon Male - Age 27

Westbury, NY

BIB # 4088

Chip Time 2:31:04.5

Gun Time 2:31:04.5

Overall 1 of 601



Ryan Clifford is an ultramarathon runner. A short distance for him is a 31.07 miles also known as a 50K. But he took a shorter 26.2 mile marathon on for just the 2<sup>nd</sup> time – and won 14 minutes ahead of the 2<sup>nd</sup> place runner.

Newsday mentioned that Ryan ran distance events for MacArthur High School in Levittown, and Mansfield University.

Ryan started his track career with Bellmore/Merrick PAL Track in 2007

He ran distance events back then – shortest distance 800m

Ryan certainly seemed to love track and was very good at it. Continue to make us proud!

**CONGRATULATIONS RYAN!**